



## TEMPORARY MEASURES PLAN

Aerial Art House has found new ways to keep you safe  
during the COVID-19 pandemic!



Our Top priority is to reduce the risk of spreading virus whilst giving students and teachers peace of mind while continuing their training.

Our main mission is to improve the mental and physical health of children and adults of all ages, background, and abilities, by engaging them in the joyous creativity of acrobatics and circus arts. That statement is crucial as it defines that our work is about health; we use the circus arts to support healthy lives. That is our focus as we respond to this pandemic.

As AAH begins the slow return to work, COVID-19 remains a concern. The Scottish Government has issued directives that give many businesses the chance to open within strict guidelines. While we are not yet cleared for hosting classes, we can utilize these guidelines to develop policies for slowly reintegrating staff into our Centre, and a plan for camps and classes later this summer.

This plan gives us a road map for reopening AAH but it is not a static document. The intention is to continually update it as new information becomes available, and as state and local government and public health officials provide new guidelines. Dates are not included with each stage because we will have to be responsive to a rapidly changing environment.

Scottish Government Guidelines and Road map can be found here:

<https://www.gov.scot/publications/coronavirus-covid-19-framework-decision-making-scotlands-route-map-through-out-crisis/pages/4/>

## **SLOW THE SPREAD**

It is important to recognize that no facility can reduce all risk of contracting COVID-19. The only way to ensure that a person does not contract the virus is to stay home. Once an individual leaves home to go to the grocery store, go to work, or for any other activity, there is a real chance that they could contract or spread the COVID-19 virus.

Over the past two months, all Scotland has stayed home to give time to our healthcare system and professionals so they can prepare and be ready for the long-term response to this pandemic. All signs and statistics point to early success in that effort, however, we need to remember that we are currently only in the 3rd phase (at the time of preparing our Circus Centre road map : the 27th of August 2020) of the Road map provided by Scottish Government and we need to strictly stick to the rules.

Aerial Art House aims to reduce the risk to the best of its abilities while maintaining some level of operation that allows for circus activities. Staff, students, and individuals who enter our Circus Centre must understand and agree to the risks associated with the spread of the virus, acknowledging that Aerial Art House cannot eliminate all risk. Therefore, only persons who have accepted this risk by signing a liability waiver will be permitted entry to the Centre. No staff member or other individual shall be required to enter AAH for any reason.

When training at Aerial Art House, a staff member will work within a bubble of two other staff members/professionals. They will only be permitted to train with the same bubble and not have contact with any other trainers or individuals, except for the COVID-19 Supervisor and/or AAH administrative staff.

Definition of Training Bubbles: Bubbles are defined as the group of individuals who have regular contact limited to only each other. When staying home, a bubble is made up of the persons living in the home. When an individual leaves their home to go to work, other individuals in the workplace become part of their bubble.

Limiting contact to people within a bubble helps reducing the risk of spread of COVID-19. It also helps with contact tracing, if someone at AAH has tested positive for the virus.

## AERIAL ART HOUSE COVID-19 ROAD MAP



### The 1<sup>st</sup> phase

No students are permitted in the building/stay at home order

No training allowed .  
Aerial Art House remains closed.

Aerial Art House staff works from home, on guidelines and reopening strategy

Instructors are able to teach online classes

### The 2<sup>nd</sup> phase

Professionals can come back to training withing a training bubble

No teaching allowed in the Centre

Aerial Art House instructors keep teaching online classes

Aerial Art House staff work on site in moderation

Covid-19 on site supervisor to ensure the protocol

## The 3<sup>rd</sup> phase

Outdoor teaching allowed (max 15 people)

Indoor teaching allowed from 31st August (non-contact)

Older than 12 year old kids need to be physically distanced in the class

Aerial Art House staff work on site

Training bubbles allowed to train

### REQUIREMENTS DURING PHASE 3

- Waiver must be signed for entry
- Masks must be worn when entering and leaving the venue
- Social distancing required
- Cleaning and disinfecting equipment after use
- Professionals are advised to use their own equipment if possible or use Aerial Art House equipment for additional charge (after the disinfection AAH equipment need to stay in quarantine for a minimum of 3 days)
- Physical contact is allowed within training bubbles
- Exit door will remain open for maximum ventilation.
- More time in between classes to allow for cleaning and disinfection
- Class sizes will be reduced
- Floor marks need to be strictly followed for entering and exiting the building as well as for use of the toilet.
- All persons must have a normal temperature and no symptoms of COVID-19
- Hands need to be washed and disinfected when entering and leaving the building
- The kitchen is not for use in this phase